

I'M NOT BITER



(I JUST THINK U SHOULD DIE)

A ZINE ABOUT
MY EXPERIENCES W
BRAHMANICAL CONDITIONING

MAJOR **Tw**

GRAPHIC DESCRIPTIONS OF SEXUAL ASSAULT,
GENDER DYSPHORIA, PARENTAL TRAUMA



A FEW MONTHS AGO, I WAS
CHILLING W A GUY WHO I
THOUGHT WAS A FRIEND.
WE WERE GETTING DRUNK
AND IT WAS FUN. I'D RECENTLY
REALISED THAT I WAS NOT A
WOMAN, AND I WAS TELLING
MY CLOSE FRIENDS ABT IT,
SO I TOLD HIM. HE SAID
THAT HE'D NOTICED HOW
CONFIDENT I'D SEEMED LATELY
AND HOW IT WAS VERY
ATTRACTIVE 2 HIM



HE THEN TOLD ME THAT HE
'LOVED' ME AND COULDN'T
BEAR THE FACT THAT IT
WAS 'JUST PLATONIC' W/US.
I TOLD HIM I WASN'T ATTRACTED
2 HIM AND DIDN'T SEE HIM
THAT WAY. HE THEN TRIED 2
KISS ME AND WHEN I TOLD HIM
2 STOP, HE WENT FURTHER.
I WAS CROUCHING ON A CHAIR
W MY HAND INSIDE MY BAG
ON THE FLOOR, HOLDING ON 2 A PEPPER
SPRAY WHILE HE WAS GRABING
ME ASKING ME TO 'GIVE HIM
A CHANCE' REPEATEDLY.



DISSOCIATION AND REPRESSION ARE MY
GO-TO DEFENSE MECHANISMS WHENEVER
I FACE SEXUAL TRAUMA. THERE WAS A
PART OF ME THOUGH, THAT PROBABLY WANTED
2 PROCESS THIS BC I DOCUMENTED EXACTLY
WHAT HAPPENED AS I WAS ON THE RIDE BACK
HOME. I GOT SOBER, REPRESSED WHAT I'D WRITTEN, MET
HIM THE NEXT DAY, SAT THRU HIS SORRY-ASS
APOLOGY AND LISTENED 2 HIM TALK ABT HOW
HE FELT BAD AND TRAUMATIZED??

I EVENTUALLY CAME ACROSS WHAT I'D WRITTEN,
AND I FELT THE PAIN AND RAGE, AMPLIFIED

MY BODY JUST KIND OF SHUT DOWN AS I WAS TRYING 2 DEAL W+ PROCESS THIS. THE ONLY TIME I STILL FEEL IN MY BODY AND LIKE A PERSON IS WHEN I BIND, AND THAT'S A CHOICE B/W FEELING OK AND BREATHING LOL. MY BODY ~~DOESN'T~~ RESPOND TO THE TOUCH OF THE PEOPLE I LOVE, IT'S EVEN GROWN NUMB 2 MY OWN TOUCH. IT JUST SUCKS THAT WHEN PHYSICAL INTIMACY HAD FINALLY BECOME STARTED 2 FEEL LIKE AN EXPRESSION OF MY LOVE, THIS FUCKER CAME IN, UNDOED IT ALL AND NOW I HAVE 2 WORK 2 MAKE MYSELF FEEL SAFE AGAIN SO A SIMPLE KISS FROM A FRIEND DOESN'T FEEL LIKE DAGGERS, JUST BC THIS PATHETIC LOSER COULDN'T KEEP IT IN HIS PANTS.





I'M STILL TRYING 2 PROCESS THIS AND WORKING IT OUT IN THERAPY, TRYING 2 REGAIN MY BODY'S TRUST AND MAKING IT FEEL SAFE AGAIN.

BUT THE REASON I'M EVEN MAKING A ZINE ABT THIS IS NOT 2 SHARE TRAUMA, OR TO PROCESS IT BETTER 4 MYSELF, BC

THIS ISN'T THE FIRST TIME I'VE FACED THIS, AND IT'S NOT GONNA B THE LAST, EITHER.

I'M PUTTING THIS DOWN BC I GOT QUESTIONS + THOUGHTS

HOW DO 2 PPL WHO R SUPPOSED 2 B FRIENDS
END UP ALONE 2GETHER AND ONE PERSON THINKS
IT'S SOMETHING IT'S NOT, AND HAVE THE AUDACITY
2 KEEP PUSHING 2 MAKE IT HAPPEN EVEN THO
THE OTHER PERSON KEEPS STATING THAT IT'S
UNCOMFORTABLE?

WHY DIDN'T I PEPPER SPRAY THAT ASSHOLE RIGHT
THERE? WHY DO I REPRESS SEXUAL TRAUMA
IN THE FIRST PLACE?

WHY DO I CENSOR MYSELF WHEN TALKING TO
OTHER PPL ABT THIS PERSON, SUBCONSCIOUSLY
TRYING TO NOT RUIN THE 'REPUTATION' OF
THIS ASSHOLE EVEN THO HE'S THE ONE THAT'S
CAUSED HURT AND SHOULD B HELD ACCOUNTABLE,
BUT GETS AWAY COMPLETELY UNSCATHED?





PATRIARCHY IS HORRIBLE ON ITS OWN, BUT IN OUR CONTEXT, HINDUISM COMES IN AND FUCKS SHIT UP TWICE-OVER, MERGING IT W BRAHMANISM, WHICH MAKES IT A STRUCTURE THAT KEEPS CONDITIONING UPPER CASTE PPL

INTO MAINTAINING CASTE HEIRARCHIES AND UPHOLDING AN ARCHAIC SYSTEM THAT PREACHES CASTE DISCRIMINATION + MISOGYNY

I MEAN, UPPER CASTE PEOPLE REALLY UPHOLD VEDAS THAT PREACH THE VARNA SYSTEM AND TEXTS LIKE MANUSMRITI THAT

JUSTIFY BARBARIC SLAVERY AGAINST PEOPLE OF MARGINALIZED CASTES, AND TREAT WOMEN AS PROPERTIES OF UPPER- CASTE MEN WHO MERELY EXIST TO KEEP CASTE HEIRARCHIES GOING.

MEN AND AMABs (PPL WHO R ASSIGNED MALE AT BIRTH)
R RAISED IN A BRAHMANICAL SYSTEM WHERE THE
ONLY EMOTIONS THEY'RE ALLOWED TO EXPRESS ARE
ANGER AND RESILIENCE . THEY'RE RAISED WITH
FICTIONAL TALES AND TEXTS WHICH TEACH THEM THAT PURITANY,
VIOLENCE, APATHY, CONTROL, AND DISCRIMINATION IS THEIR
'DHARMA' AND A NATURAL + CELEBRATED WAY OF LIFE 4 THEM.
IT'S NO SURPRISE THEN, THAT SAVARNA MEN GROW UP REALLY
FEELING LIKE THE WORLD IS IN THEIR BALLS, AND
THE AUDACITY TO FEEL ENTITLED OVER OTHER PEOPLE'S
BODIES, LIVES, AND DIGNITY + INFLECT VIOLENCE ONTO
PEOPLE FROM MARGINALIZED CASTES, TRANS PPL,
WOMEN AND GENDER NON-CONFORMING FOLKS
BC THAT'S THE ONLY WAY THEY CAN FEEL
A SEMBLANCE OF POWER IN THEIR PATHETIC LITTLE
LIVES.



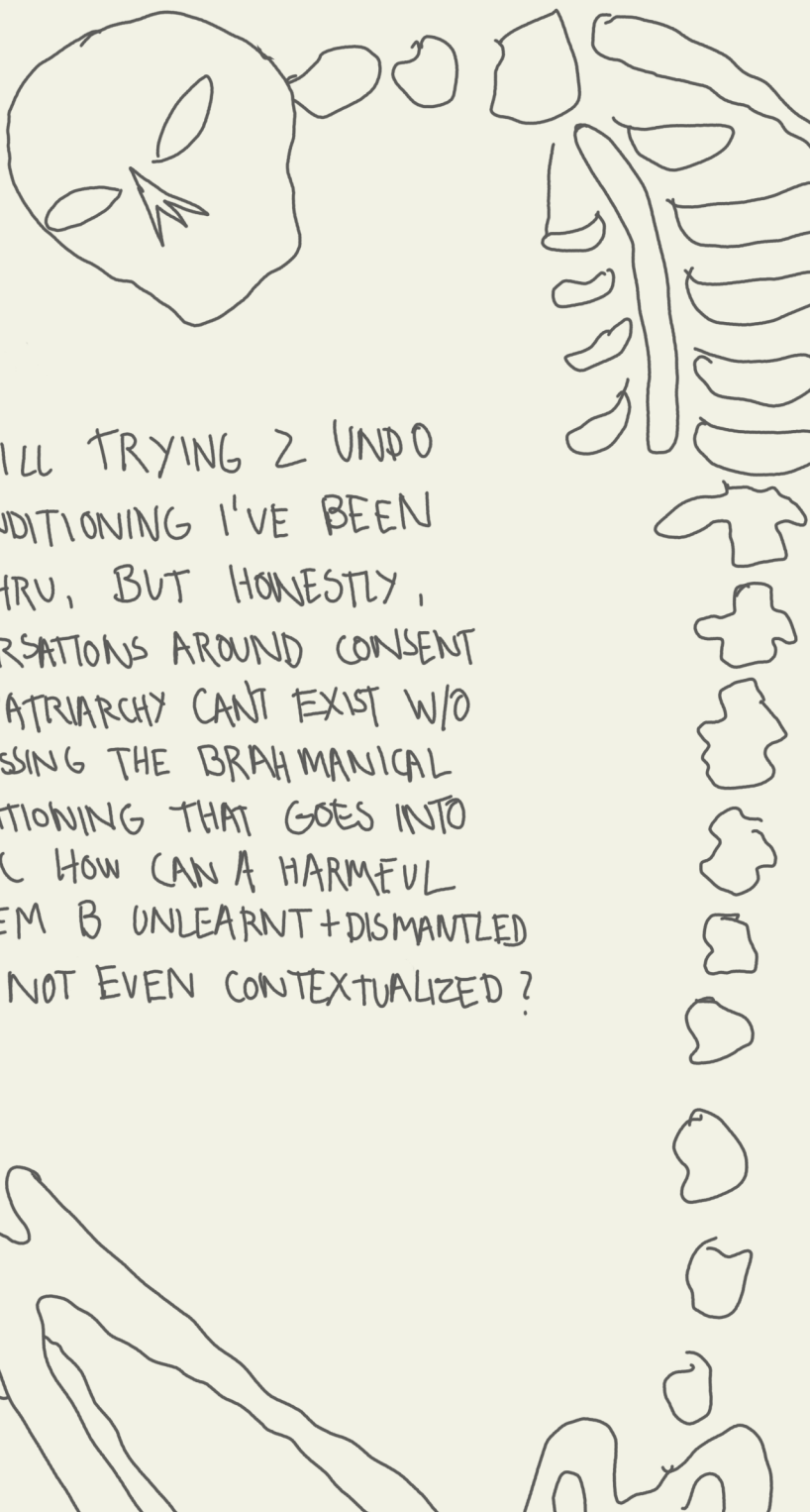
I REALLY THOUGHT, JUST BC I WAS AWARE OF THE CONDITIONING WOMEN AND AFABS (PPL WHO R ASSIGNED FEMALE AT BIRTH) GOTHRU, THAT I'D UNDONE IT, AT LEAST 2 A DEGREE. BUT I GUESS IT'S HARD 2 COMPLETELY DISMANTLE A PURITANICAL SYSTEM WHICH TEACHES WOMEN + AFABS 2 STAY SILENT, DOGILE, COMPLICIT AND EXIST ONLY 4 MANCHILDREN.

I MEAN, IT MAKES SENSE BC MY DAD WAS AN ABUSIVE PIECE OF SHIT BUT MY MOM REALLY SAID - 'HERE'S ALL MY SHAME, PAIN, GUILT AND OPPRESSION. LET'S KEEP THIS BETWEEN US, AND LET'S BE SILENT AND BEAR ABUSE TOGETHER FOREVER.'

HOW COULD I THEN VOICE MY RAGE AGAINST MY OWN ABUSE, OR HOLD MY OWN ABUSERS ACCOUNTABLE WHEN ALL I WAS CONDITIONED INTO WAS SILENCE + COMPLICITY + REPRESSION AND MY RAGE WOULD COME AT A COST OF DIRECT HARM 2 ME BC I HURT SOME ENTITLED SAVARNA BASTARD'S FEELINGS?



HONESTLY THO, THE BRAHMANICAL SYSTEM
TREATS SAVARNA MEN LIKE A MONOLITH
AND THEY'RE REALLY OK W IT BC IT
ENABLES THEM 2 KEEP THEIR CYCLES
OF VIOLENCE + POWER GOING.
THEY'RE REALLY OK W TAKING THEIR
ANGER OUT ON PEOPLE OF MARGINALIZED
CASTES, RELIGIONS, TRANS WOMEN, WOMEN
AND GENDER NON-CONFORMING PPL
4 SIMPLY EXISTING WHEN THE SYSTEM
THAT CONDITIONS THEM ALLOWS THEM 2
EXPRESS ONLY LIKE 2 SANCTIONED
EMOTIONS AND DOESN'T EVEN LET THEM
ACKNOWLEDGE THEIR BASIC HUMANITY AS PPL.



I'M STILL TRYING 2 UNDO
THE CONDITIONING I'VE BEEN
PUT THRU, BUT HONESTLY,
CONVERSATIONS AROUND CONSENT
AND PATRIARCHY CANT EXIST W/O
ADDRESSING THE BRAHMANICAL
CONDITIONING THAT GOES INTO
IT, BC HOW CAN A HARMFUL
SYSTEM B UNLEARNED+DISMANTLED
IF IT'S NOT EVEN CONTEXTUALIZED?



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